



## **LOCKERS PARK SCHOOL RELATIONSHIP AND SEX EDUCATION POLICY (RSE)**

This Policy applies to all pupils and staff of Lockers Park, including EYFS.

<b>Date Reviewed</b>	<b>By</b>	<b>Date of next review</b>
Sept 2016	SG	Sept 2017
Sept 2017	SG	Sept 2018
Sept 2019	KTC	Sept 2020
Sept 2020	KTC	Sept 2021
Sept 2021	NC	Sept 2022
Sept 2022	NC	Sept 2023
Sept 2023	NC	Sept 2024
Sept 2024	RT	Sept 2025
<b>Sept 2025</b>	<b>RT</b>	<b>Sept 2026</b>

# **Lockers Park Relationship and Sex Education Policy (RSE)**

**RSE Governor – Oliver Abel Smith**

## **Aims of RSE**

The aims of Relationships and Sex Education (RSE) at Lockers Park are to:

- Ensure pupils understand their right to safety, self-protection and equality.
- Equip pupils with the knowledge, skills and values to engage positively and responsibly in today's society.
- Provide pupils with clear guidance on where to seek help and support.
- Promote respect for others in accordance with the Equality Act 2010 and the RSE Curriculum 2025.
- Work in partnership with parents to ensure consistency of approach and support.
- Address online safety and responsible use of technology, reflecting the increased use of digital platforms since the Covid-19 pandemic.

## **Definition**

Relationships and Sex Education (RSE) is defined as learning about the emotional, social and physical aspects of growing up, relationships, human sexuality, sexual health and well-being. It equips pupils with the knowledge and skills to make informed decisions, establish safe and fulfilling relationships, and take responsibility for their health.

## **Rationale**

RSE forms an integral part of the Personal, Social and Health Education (PSHE) programme and is embedded in all areas of school life. It is regarded as a continuous process that begins at home and continues at school, supported through collaboration with parents.

At Lockers Park:

- PSHE is taught weekly by class teachers (Reception–Year 2) and the PSHE Lead (Years 3–8).
- All statutory elements of the July 2025 RSE and Health Education Statutory Guidance are incorporated into the curriculum.
- Content is reinforced through form tutor sessions (Years 1–8), boarding provision and pastoral staff.
- Lessons are age-appropriate, inclusive and adapted for pupils with EAL and/or SEND.

## Provision

RSE at Lockers Park is delivered through weekly PSHE lessons led by trained staff, supported by external professionals where appropriate. Where appropriate, cross-curricular links are made with English, Maths, Drama, Art and other subjects. Form tutors are encouraged to discuss a variety of topics taken directly from the current Statutory Guidance. When necessary, specialist resources from Jigsaw PSHE, EC Publishing (KS3), and guidance from the PSHE Association are taken to support the curriculum. The programme is differentiated to meet the needs of all pupils and ensures consistent use of scientific vocabulary. Parental consultation happens at the start of every week to ensure parents are fully updated with the content of the curriculum. There is also the opportunity for parents to attend an annual review of the course materials specifically for RSE.

## Equal Opportunities

Lockers Park promotes respect for diversity and inclusion. RSE is delivered in line with the Equality Act 2010, with specific regard to protected characteristics. All pupils participate in RSE lessons, though parents retain the right to withdraw their child from aspects of sex education (excluding statutory elements of health and relationships education).

## Safeguarding and Child Protection

Safeguarding and Child Protection is paramount in the teaching of all aspects of RSE. Privacy, boundaries and appropriate behaviour are explicitly taught (including the PANTS Rule in KS1 and lower KS2). All pupils are supported to recognise risk, develop resilience, and identify adults they trust. Any disclosures made during RSE lessons are managed in accordance with the school's Safeguarding and Child Protection Policy. When necessary, a male member of staff is present during puberty and sex education sessions to provide balanced support, particularly for Year 6 and KS3.

## Content Overview

The curriculum taught at Lockers Park follows the Statutory Guidelines published in July 2025. However, if and where necessary, lessons are adapted to suit the needs of the boys. This links in with the Wellbeing Survey and any other issues identified by the teachers, SLT and the boys.

## Key Stage 1 (Years 1–2) — Lower Primary

- Focus on building foundations of **positive relationships** within families and friendships: trust, kindness, respect.
- Emphasis on **personal safety**, including understanding personal boundaries, recognising trusted adults, and knowing to ask for help.
- Awareness of **different family types**, what constitutes a safe home, and responding to unsafe situations.
- **Online safety** begins early: pupils should understand that people online may not be who they seem and should learn to apply respectful, safe behaviour across digital and offline environments.
- Concepts of “my body belongs to me” — recognizing appropriate/inappropriate touch and that it's okay to say “no”.

- **Transparency and parental involvement** are emphasised: schools must inform parents, share materials, and allow them to review RSHE content.

### **Key Stage 2 (Years 3–6) — Middle and Upper Primary**

- Continues the foundations set in KS1, with added focus on **puberty, bodily changes**, and preparing pupils for adolescence.
- While **sex education is not compulsory** at KS2, schools are encouraged to cover aspects like **conception and birth**, in alignment with the national science curriculum .
- Schools that choose to include sex education must:
  - Clearly outline it in their policy
  - Consult parents before delivering this content
  - Allow parental withdrawal from non-statutory sex education content.
- Teaching must remain **age-appropriate**, inclusive of different developmental stages, and sensitive to SEND and cultural context.

### **Key Stage 3 (Years 7–8) — Lower Secondary**

- Builds on primary foundations with dedicated **Relationships and Sex Education (RSE)** content, integrated within a broader PSHE framework (health, well-being, citizenship).
- Curriculum now explicitly covers **intimate relationships, consent**, self-respect, mutual respect, and healthy interactions.
- Pupils also learn about **positive role models**, challenging harmful attitudes (including those seen online), and developing resilience and mental wellbeing strategies.
- **Teacher training and support** are enhanced to enable confident, sensitive delivery of these topics—including online safety and mental health issues, such as managing anxiety and recognizing when to seek help.

## **8. Monitoring and Evaluation**

Delivery of the programme is monitored through lesson observations, pupil feedback and parental consultation. All staff receive regular training to ensure content is current and effective. This policy is reviewed annually.